

**Mike Campbell**

**Check out <http://fatguydiary.com/>**

**FREE BOOK about losing 150 pounds!**

**Contact ME to help YOU! (Weight loss, Energy & Performance, & Wealth Creation)**

**And, Always Remember to Take Care of YOU!**

“You can have everything in life you want, if you will just help enough other people get what they want.” Zig  
Ziglar



**Journey Coach, Speaker, Blogger, Writer & Community Volunteer**